

Starting Over Program 2017

A financial coaching series for women who have experienced abuse.

If you are...

- A woman who has experienced physical, mental, sexual, verbal or financial abuse.
- Interested in learning more about managing money and understanding the emotional aspects of money.
- Willing and able to commit to 3 individual counselling sessions within 2017.
- Interested in learning new ideas and open to change.

....then the **Starting Over Financial Coaching Series** may be a fit for you.

Next Steps: The first step is to call Family Counselling and Support Services to book an assessment meeting. **Call 519 824 2431 x12** and let the intake worker know you are interested in in the Starting Over Financial Coaching program. The assessment meeting is designed to give you more details about the program and help to determine if it is a fit.

Please note space is limited. This program does not provide legal advice.



Family Counselling and
Support Services
FOR GUELPH-WELLINGTON

