



Compass
Community Services

Mental Health Clinics

MOUNT FOREST SAME-DAY COUNSELLING

Monday—sessions available 9:30am-3:30pm.
Contact Intake starting at 9:00am on Mondays.
Offered virtually by phone/video at this time.

GUELPH WALK-IN COUNSELLING

Wednesday—sessions available 1:00-7:30pm.
Attend 20 Shelldale Cres in Guelph or contact Intake
starting at 12:30pm on Wednesdays.
Offered in-person or virtually by phone/video.

FERGUS WALK-IN COUNSELLING

Thursday—sessions available 1:00-7:30pm.
Attend 900 Tower St S in Fergus (Canadian Tire plaza,
office door between Pet Value & Mark's Work Warehouse)
or contact Intake starting at 12:30pm on Thursdays.
Offered in-person or virtually by phone/video.

No appointment needed.

Please contact Intake with any questions:

519-824-2431 ext 136 or
intake@compasscs.org